

# ABSTRACT

There are provided: an easy-release laminate having a high adhesive property when in use while allowing easy release of a substrate thereof when irradiated with energy, the laminate comprising (A): a substrate, (B): an adhesive that becomes capable of release when receiving energy, and (C): an adhesive that does not become capable of release even when receiving energy, which are laminated sequentially; and a resin composition comprising an epoxy resin and/or a modified silicone resin, and a foaming agent.